



## Time We Gotta Get Ready for Shabbat

Sung to the tune of “She’ll Be Coming ‘Round the Mountain”  
New lyrics by Lisa Litman

[Sing as many of these verses as you like – or write your own!]

Time we gotta get ready for Shabbat, (*oh goody!*)  
First we clean the house until it shines, (*scrub, scrub.*)  
Finish all the cooking for the meal, (*stir it up.*)  
Drop *tzedakah* coins into a box, (*clink, clink.*)  
At sundown light the candles with a prayer, (*lehadlik ner.*)  
Honoring our mother\* or the host\*\*, (*you’re the best!*)  
Blessing of the children [family] we all love, (*kiss, kiss.*)  
Welcoming the angels of Shabbat, (*shalom alechem.*)  
Next we make a *Kiddush* over wine, (*lechayim!*)  
Use a cup for washing our hands, (*yadayim.*)  
There’s a *bracha* over challah and the meal, (*hamotzi.*)  
Add some festive singing for some fun, (*zmi-rot.*)  
End the meal with *birkat hamazon*, (*a-men!*)

### Glossary:

*Tzedakah* – righteous giving

*Lehadlik ner* – light candles. This comes at the end of the candle lighting blessing.

\* Many families sing “*Eishet Chayil, A Woman of Valor*”. This poem praises the mother for all of the things she does for the family’s well-being.

\*\* Some families recite Psalm 112, praising the father for all he contributes to the family.

*Shalom Alechem* – “Peace to You” is a poem about visiting angels

*Kiddush* – the prayer over wine which sanctifies the holiday

*Lechayim* – a toast meaning “to life!”

*Yadayim* – the Hebrew word for hands; the last word of the blessing reciting when washing before the meal

*Zmirot* – hymns and songs for Shabbat

*Birkat hamazon* – the blessings after the meal